

Centre for Clinical and Health Psychology

PRACTITIONER SPECIALTY CHART

Principal psychologist Dr Louisa Hoey

Dr Louisa Hoey Dr Sarity Dodson Dr Hayley Matic Dr Victoria Teoh

HEALTH PSYCHOLOGY	Dr Louisa Hoey	Dr Sarity Dodson	Dr Hayley Matic	Dr Victoria Teoh
• Self-management of chronic illness	✓	✓	✓	✓
• Pain management	✓	✓	✓	✓
• Coping with diagnosis and medical treatments	✓	✓	✓	✓
• Coping with terminal illness	✓	✓	✓	✓
MOOD DISORDERS				
• Depression	✓	✓	✓	✓
• Post/Antenatal depression	✓		✓	✓
ANXIETY DISORDERS				
• Panic disorder	✓	✓	✓	✓
• Generalised anxiety disorder	✓	✓	✓	✓
• Phobias	✓	✓	✓	✓
• Agoraphobia/social phobia	✓	✓	✓	✓
• Obsessive compulsive disorder		✓	✓	✓
DISORDERED EATING				
• Anorexia nervosa/Bulimia nervosa	✓	✓		
• Binge eating disorder	✓	✓		✓
• Weight management (non dieting approach)	✓	✓		✓
ADJUSTMENT DISORDERS	✓	✓	✓	✓
SEXUAL DISORDERS			✓	
FAMILY ISSUES	✓		✓	
• Parenting	✓			
• Couples therapy			✓	✓
PREGNANCY ISSUES	✓		✓	
• Depression/anxiety during pregnancy/birthing anxiety	✓		✓	
• Unplanned pregnancy	✓		✓	
• Miscarriage/stillbirth	✓		✓	
• Infertility	✓		✓	
• Termination of pregnancy	✓		✓	
GENERAL ISSUES				
• Improving sleep	✓	✓	✓	✓
• Self-esteem	✓	✓	✓	✓
• Grief and loss	✓	✓	✓	✓
• Carer issues	✓	✓	✓	✓
• Communication/assertiveness training	✓	✓	✓	✓
• Work/study/exam stress	✓	✓	✓	✓

